

# HEALING HEARTS

*through connecting touch*

PATRICIA ANGELINA, CMT  
ROSEN METHOD BODYWORK PRACTITIONER

It is my choice to receive bodywork. I agree to communicate with my practitioner any time I feel as though my well-being is being compromised. I have the right to stop services at any time if I'm feeling uncomfortable and wish to stop.

All bodywork performed at Healing Hearts Bodywork is NON-sexual. Practitioners have the right to refuse services or stop services at any time if they are feeling uncomfortable or unsafe. Full fees will be charged.

Draping is required for all clients. (Draping means being covered with a sheet.)

If I experience any pain or discomfort during my session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort.

I understand that bodywork practitioners do not diagnose illness, disease, or any physical or mental disorder; nor do they prescribe medical treatment, pharmaceuticals, or perform spinal thrust manipulations or perform surgical procedures. I acknowledge that bodywork is not a substitute for medical examination or diagnosis, and that it is recommended that I see a primary health care provider for that service.

I have stated all medical conditions that I am aware of and will update the bodywork practitioner of any changes in my health status.

There is a 24-hour cancellation policy in place. I must give a minimum 24-hour notice to cancel or reschedule my appointment. With the lack of 24-hour notice, I will be charged the full fee for the scheduled services unless the practitioner is able to fill that appointment time with another client. The phone number to call is: 408-624-6167.

All communications between us are completely private and confidential. You must give me written consent to waive this confidentiality. Exceptions to this rule are: threat to harm yourself or others; or suspected child or elder abuse.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**PERSONAL HEALTH INFORMATION**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Referred by: \_\_\_\_\_

Address: \_\_\_\_\_ Phone - Day: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone - Eve: \_\_\_\_\_

Email Address: \_\_\_\_\_ Birthday: \_\_\_\_\_

Occupation / Employer: \_\_\_\_\_

**\*Emergency contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Have you received massage before?** \_\_\_\_\_ **If yes, how frequently?** \_\_\_\_\_

**HEALTH HISTORY/INFORMATION:**

Are you currently seeing a Doctor or Alternative health care practitioner? \_\_\_ Yes \_\_\_ No

Please explain if yes: \_\_\_\_\_

Are you currently seeing a psychotherapist or attending regular support group meetings? \_\_\_ Yes \_\_\_ No

Please explain, if yes: \_\_\_\_\_

**List MEDICAL REASONS you are taking medications, including aspirin, ibuprofen, etc.:**

**Surgeries (past 5 years):**

**Accidents / Injuries / contagious diseases (past 5 years):**

*Please check any of the following pertaining to your health; circle if there are multiple choices:*

**CIRCULATORY / LUNG:**

- \_\_\_\_\_ heart condition
- \_\_\_\_\_ varicose veins
- \_\_\_\_\_ blood clots
- \_\_\_\_\_ high blood pressure
- \_\_\_\_\_ low blood pressure
- \_\_\_\_\_ lymphedema
- \_\_\_\_\_ breathing difficulty
- \_\_\_\_\_ sinus problems
- \_\_\_\_\_ allergies
- \_\_\_\_\_ other?

**MUSCULO-SKELETAL:**

- \_\_\_\_\_ bone or joint disease
- \_\_\_\_\_ tendonitis
- \_\_\_\_\_ bursitis
- \_\_\_\_\_ broken / fractured bones (past 2 years)
- \_\_\_\_\_ arthritis
- \_\_\_\_\_ sprains / strains
- \_\_\_\_\_ low back, hip, leg pain
- \_\_\_\_\_ neck, shoulder, arm pain
- \_\_\_\_\_ headaches / head injuries
- \_\_\_\_\_ spasms / cramps
- \_\_\_\_\_ jaw pain / TMJ
- \_\_\_\_\_ lupus
- \_\_\_\_\_ other?

**NERVOUS SYSTEM:**

- \_\_\_\_\_ herpes / shingles
- \_\_\_\_\_ numbness / tingling
- \_\_\_\_\_ chronic pain
- \_\_\_\_\_ fatigue
- \_\_\_\_\_ sleep disorders
- \_\_\_\_\_ other?

**INFECTIOUS DISEASE:**

\_\_\_\_\_ disease name(s): \_\_\_\_\_

**REPRODUCTIVE:**

Are you pregnant? \_\_\_\_\_

Stage \_\_\_\_\_

Due Date: \_\_\_\_\_

\_\_\_\_\_ PMS \_\_\_\_\_ Other?

**OTHER Health Issues:**

- \_\_\_\_\_ cancer / tumors \_\_\_\_\_
- \_\_\_\_\_ diabetes
- \_\_\_\_\_ eating disorders
- \_\_\_\_\_ depression or other mood disorders
- \_\_\_\_\_ drug / alcohol addiction \_\_\_\_\_
- \_\_\_\_\_ nicotine / caffeine addiction